



2020

VICHY CÉLESTINS

Spa Hôtel

VICHY - FRANCE

EXCEPTIONAL SURROUNDINGS WITH WATER AND GREENERY



SUMMARY



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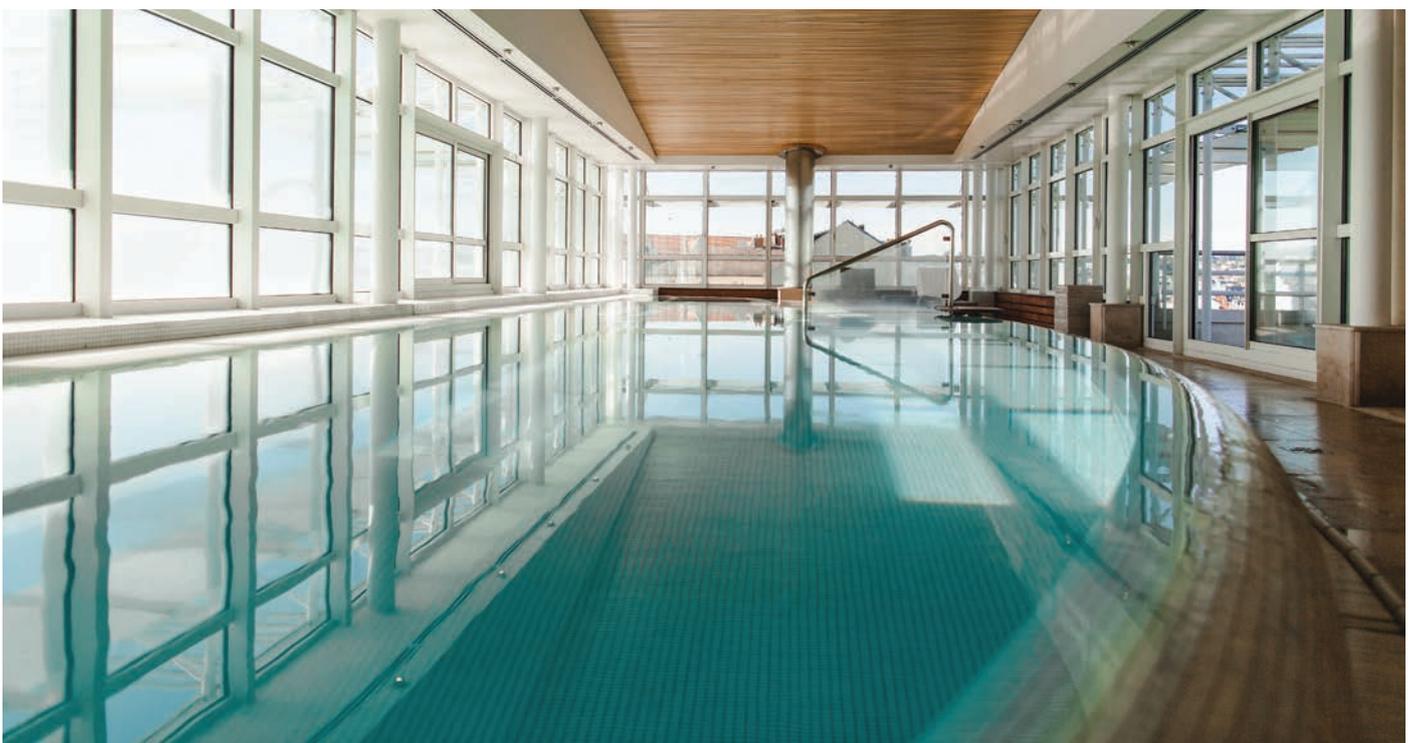
VICHY CÉLESTINS SPA HOTEL*****

Under the sign of wellness



In a calming environment, on the banks of the River Allier and only a few metres from the town center, the Vichy Célestins Spa Hotel***** stands in the heart of a park with one-hundred-year-old trees. The establishment offers an amazing view from the widened Allier Lake to the Vichy Golf Course.

The comfort and refinement of a modern five star hotel in a neo-classical style, providing top quality services, linked by a glass-walled walkway to the largest Thermal Spa in Europe, at 7,500 sqm. A magical place where everything is organised for the relaxation and wellness of our guests. To relax and recharge your batteries, exceptional suites decorated in contemporary styles, understated and refined, by the designer Lise-Laure Batifol. The luxury of the place completed by high-end equipment and a chic and calming atmosphere conducive to serenity, with personalised services to respond to your every need. Sufficient sophisticated criteria for our guests to succumb to the charm of this unique place, with the spirit very much of a luxury hotel. There are also two restaurants proposing diet and traditional menus with a balanced and flavourful cuisine, as well as a stylish bar with a jazzy touch.

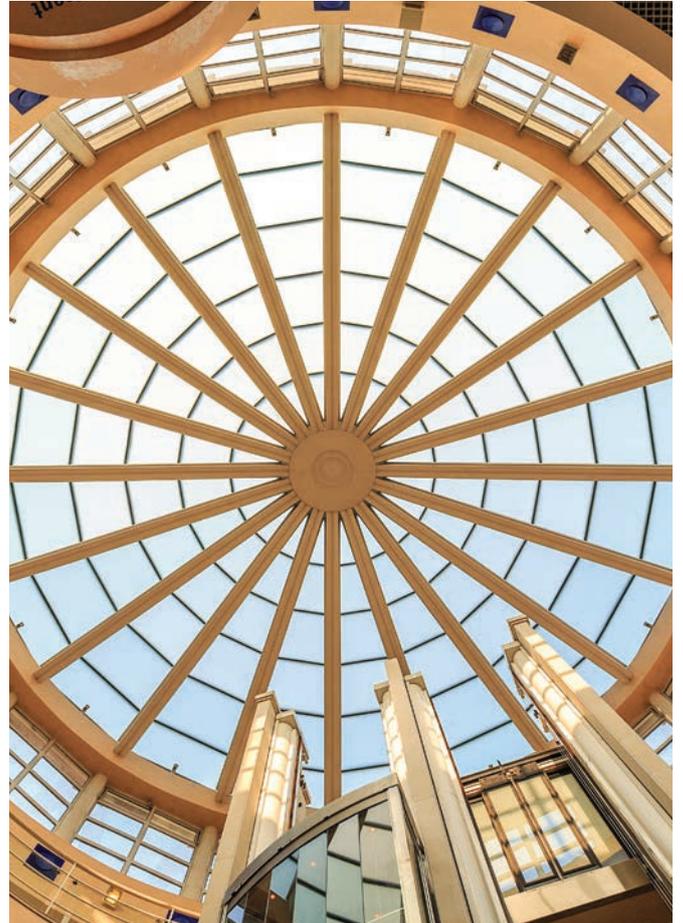


VICHY CÉLESTINS THERMAL SPA

In a calm, light and vast open plan space of 7,500 sqm, the team at Vichy Célestins Thermal Spa welcomes you for your personalised spa break.

Exclusively dedicated to providing short breaks for wellness and health care, this establishment brings together in a harmonious way the «Signature» Spa Care Treatments with Vichy Thermal Water, the mineralising care treatments of the Institute of Vichy Laboratories, the SkinCeuticals anti-ageing skincare treatment, the Health Care Center, sports activities, a relaxation area with a giant hydromassage pool of Vichy thermal water, a hammam Turkish bath, an ice flake fountain, saunas, and a cold water bath for lighter legs. As soon as you arrive, let our multidisciplinary team be your guide to achieve your goals in «Health-Nutrition-Wellness-Beauty».

VICHY CÉLESTINS
Thermal Spa



MULTIDISCIPLINARY HEALTH CARE CENTER AT VICHY, BECOME AN ACTOR IN YOUR HEALTH

Our multidisciplinary teams welcome you to optimise your health-beauty-wellness capital. The Vichy Célestins Thermal Spa has a Health Care Center as well as areas for wellness and «anti-ageing» beauty care.

An environment which is favourable for relaxation, dialogue and reflection. Your overall and individual care support is organised using the «Vichy Method» (see page 8).

Vichy's thermal spa medicine, which considers the whole person, is always improving its approach to natural therapies. We provide care treatment programmes enhanced by an approach which is Preventive, Predictive, Personalised and Participatory.

Because you are unique, your care treatment programme is adapted to your needs in terms of health-beauty-wellness. Our specialists are the best guarantee of the personalisation of your stay. Thanks to the harmonious communications between our centers of competence and skills, the «Medical Spa Center and Hotel», you can appreciate our desire to provide you with a detailed, personalised stay.

For further information please contact the Spa Center Reception by telephone on:
+33 (0)4 70 30 82 35

Our multidisciplinary experts are available to help you better manage your health capital.

- GENERAL PRACTITIONERS/THERMAL PRACTITIONERS
- OBSTETRICS AND GYNAECOLOGY SURGEONS
- ENDOCRINOLOGIST - DIABETOLOGIST
- DERMATOLOGIST
- ONCOGENETICIAN
- PSYCHIATRIST
- PHYSICAL REHABILITATION THERAPIST
- COSMETIC AND PLASTIC SURGEON
- DENTIST
- MIDWIFE
- DIETICIANS
- OSTEOPATH
- PHYSIOTHERAPIST
- PERSONAL SPORTS COACH
- SPA PRACTITIONERS
- BEHAVIOURAL THERAPIST
- SOPHROLOGIST
- OSTEOPHONIST - MUSIC THERAPIST
- YOGA TEACHER





THE 5 KEYS TO THE VICHY CÉLESTINS METHOD

1 Medical Consultation + medical prescription for Vichy thermal waters drinking cure + Dietetic Consultation + Oligoscan Evaluation included in the Health Programmes and as an option for the Wellness and Beauty Care Programmes

A personalised cuisine cooked using Vichy Célestins thermal water

5

Trilogy of «Signature» treatments with Vichy thermal water

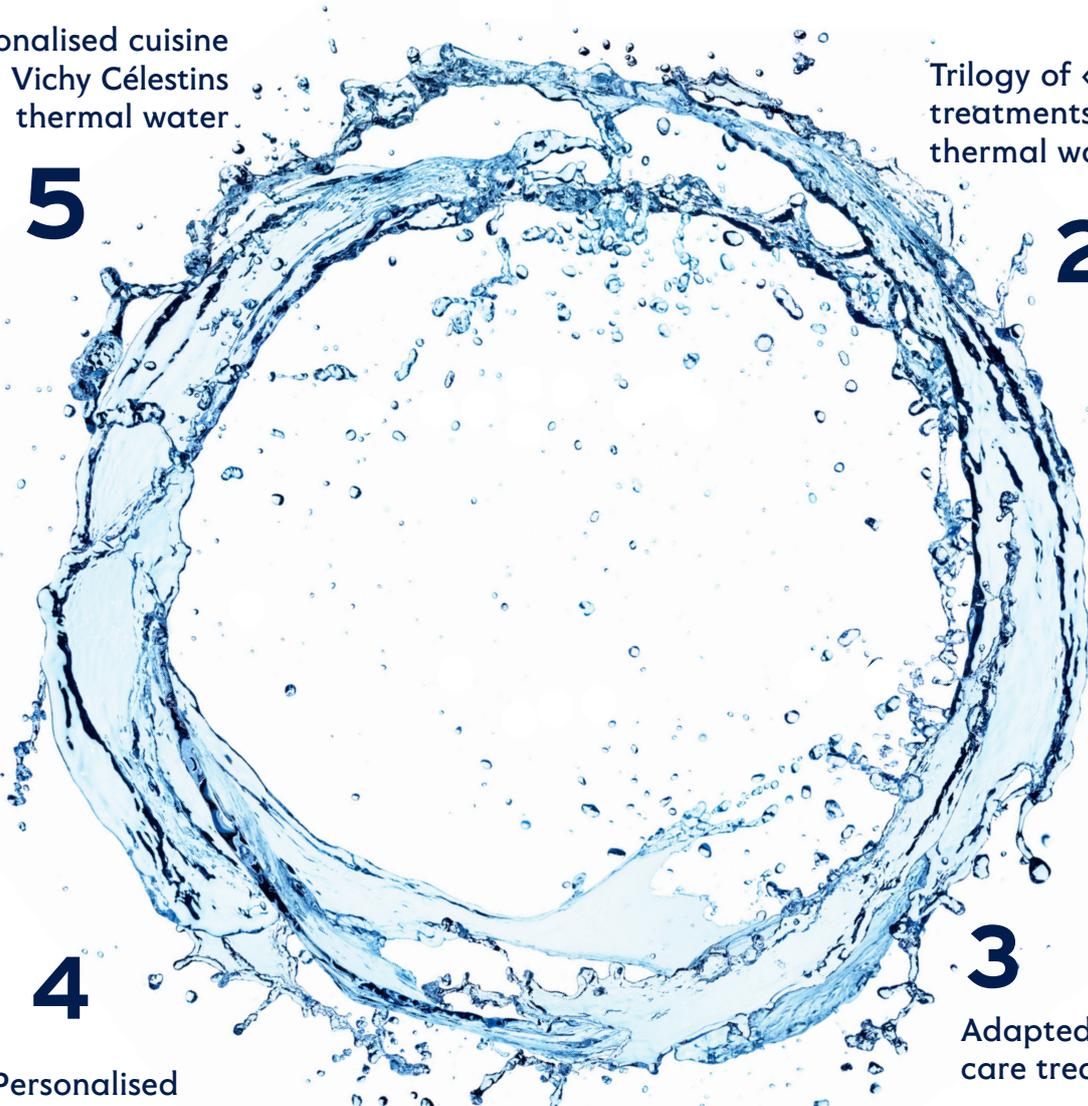
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4

Personalised physical activity

3

Adapted Expert care treatments



A photograph of a spa treatment room. Two therapists in white uniforms are performing a massage on a client lying on a table. The room has large windows with blinds, and the atmosphere is calm and professional.

HEALTH & NUTRITION CARE TREATMENT PROGRAMMES

Discover our Health-Nutrition programmes from 4 days and 4 nights. With its Health Care Center and its multidisciplinary medical team, the Vichy Célestins Spa Hotel***** provides personalised support for the duration of your stay. Eight care treatment programmes are offered in order to answer to your specific needs.

For all reservations of a Health
- Wellness - Beauty spa care
treatment programme get a

**10%
discount**

on any a la carte
additional
treatments.

*Except for therapeutic
care treatments,
mind & body sessions.*

PROGRAMMES

FROM 4 DAYS

Slimming & Anti-Cellulite

From 6 days & 6 nights

Start losing weight, improve your body shape and find a sustainable balance. Care treatments, physical activities and nutrition are the personalised combination to make sure you succeed in your made-to-measure weight loss project.

- 1 Consultation with a Doctor
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: LPG® Endermologie™ Body care treatment; Iyashi Dome®; Célestins Slimming; Body Cryotherapy®; Bodysculptor®; Célestins Slimming Ritual
- 1 Bol d'air Jacquier® session each day
- 2 Personalised sports coaching sessions, 4 Group sessions in thermal water + free group fitness sessions

FROM:

€471 PER DAY AND PER PERSON WITH FULL BOARD AND PERSONALISED DIETETIC MEALS*

€308 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD



Back & Joint Pain

From 4 days & 4 nights

Sustainable pain relief, release your tensions, and improve joint mobility through the benefits of thermal water, our therapeutic care treatments, and our experts.

- 1 Consultation with a Doctor
- 1 Dietetic Consultation + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: Therapeutic Massage; Osteopathy; Cryotherapy®; Satisform
- 1 Bol d'air Jacquier® session each day
- 1 Individual postural coaching session

FROM:

€426 PER DAY AND PER PERSON WITH PERSONALISED HALF BOARD* (POSSIBILITY FOR FULL BOARD)

€305 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD.



*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.



Future Mother

From 4 days & 4 nights

Experience your pregnancy in a peaceful, and untroubled manner, with a beneficial thermal spa break and calmly continue to prepare for the birth. A privileged moment with your baby.

- 1 Gynaecology Consultation^(a)
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: Prenatal Massage; Osteopathy in thermal water; Perinatal serenity through osteopathy; Preparing for the birth with a midwife, in thermal water
- 1 Personalised sports coaching session, 2 Group sessions in thermal water + free group fitness sessions

FROM:

€425 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€350 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD

Anti-stress

From 4 days & 4 nights

Take a break and step back: let go, learn to manage your emotions and your stress, and find a better work-life balance.

- 1 Consultation with a Doctor
- 1 Dietetic Consultation + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: Head Spa Massage; Behavioural therapy coaching & cardiac coherence; Abhyangam massage; Yoga
- 1 Bol d'air Jacquier® session each day
- 1 Personalised sports coaching session, 2 Group sessions in thermal water + free group fitness sessions

FROM:

€403 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€326 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD



*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.
(a) Gynaecology consultation not included in the rates for the care treatment programme: payment must be made directly to the Doctor.





Metabolic Disorders TYPE 2 DIABETES

From 4 days & 4 nights

Vichy thermal medicine has 155 years of experience looking after individual metabolic disorders (diabetes, digestive disorders, ...).

Stabilise your glycemic index by adopting the reflexes of a healthy lifestyle: limit your intake of sugar, control your weight and increase physical activity.

- 1 Consultation with a Doctor + medical prescription for Vichy thermal waters drinking cure
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: Therapeutic draining massage; Light legs ritual; Wellness massage; Feet moisturising and softening;
- 1 Bol d'air Jacquier® session each day
- 1 Personalised sports coaching session, 2 Group sessions in thermal water + free group fitness sessions

FROM:

€486 PER DAY AND PER PERSON WITH PERSONALISED FULL BOARD*

€325 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD

Metabolic Disorders ACID-BASE BALANCE WITH OR WITHOUT DIGESTIVE PROBLEMS

From 4 days & 4 nights

To be in good health, your urine pH must be between 6.5 and 7.5. This is what is called acid-base balance.

After analysis, balance your urine pH after consulting a general practitioner and a dietician.

- 1 Consultation with a Doctor + medical prescription for Vichy thermal waters drinking cure
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: Therapeutic massage to help digestion; Enteroclima Enema; Wellness massage; Sophrology
- 1 Bol d'air Jacquier® session each day
- 1 Personalised sports coaching session, 2 Group sessions in thermal water + free group fitness sessions

FROM:

€486 PER DAY AND PER PERSON WITH PERSONALISED FULL BOARD*

€325 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD

*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.

Detox

From 4 days & 4 nights

Make a new start for your body and purify your organism, thanks to a detoxifying diet associated with regenerating activities and care treatments.

- 1 Consultation with a Doctor + medical prescription for Vichy thermal waters drinking cure
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Health care treatment by an expert each day: LPG® Endermologie™ Body care treatment; Enteroclima Enema; Iyashi Dome®; Body Cryotherapy®;
- 1 Bol d'air Jacquier® session each day
- 1 Personalised sports coaching session, 2 Group Sessions in thermal water + free group fitness sessions

FROM:

€477 PER DAY AND PER PERSON WITH FULL BOARD AND PERSONALISED DIETETIC MEALS*

€314 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD



After Cancer

From 6 days & 6 nights

You will need a medical certificate for non-contraindication from your oncologist

Gain physical and emotional equilibrium through our specially adapted treatments; take control of your body, regain your femininity and self-confidence.

- 1 Gynaecology Consultation^(a)
- 2 Dietetic consultations (nutritional check-up and monitoring) + Oligoscan evaluation
- 1 Trilogy of personalised «Signature» treatments with Vichy thermal water, each day, including a Shoulder joint mobility massage shower
- 1 Health care treatment by an expert each day: Candle Massage; Therapeutic draining massage; Behavioural therapy coaching & cardiac coherence; Underwater music therapy in a thermal water pool; Yoga; Célestins facial purity
- 1 Bol d'air Jacquier® session each day
- 1 Individual postural coaching session, 2 Personalised sports coaching sessions, 4 Group sessions in thermal water + free group fitness sessions

FROM:

€441 PER DAY AND PER PERSON WITH PERSONALISED HALF BOARD* (POSSIBILITY FOR FULL BOARD)

€321 PER DAY AND PER PERSON NOT INCLUDING ACCOMMODATION AND FOOD



*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.
(a) Gynaecology consultation not included in the rates for the care treatment programme: payment must be made directly to the Doctor.

WELLNESS CARE TREATMENT PROGRAMMES

Fatigue, lack of liveliness, loss of energy? Our Wellness programmes from 3 days of care treatments and 3 nights, will help you recharge your batteries and get your energy back. The combination of spa care treatments based on Vichy Thermal Water, massages and sports activities, will help you feel fit again.

For all reservations of a Health
- Wellness - Beauty spa care
treatment programme get a

**10%
discount**

on any a la carte
additional
treatments.

*Except for therapeutic
care treatments,
mind & body sessions.*

PROGRAMMES FROM 3 DAYS



The Impérial From 3 days & 3 nights

Freedom of choice. We propose a personalised programme based on your desires and needs.

- 4 Care treatments per day, chosen from our list
- Free group fitness sessions

FROM:

€560 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)



My Coach & Me From 4 days & 4 nights

Sports coach, dietary coach, and a life balance coach: we will help you get fit again and adopt the correct reflexes for a healthy and balanced lifestyle.

- 1 Dietetic Consultation and daily monitoring + Oligoscan evaluation
- 1 Individual, adapted sports coaching session every day
- 1 Aquasport session every day
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Wellness care treatment by an expert each day: Life balance coaching; Célestins muscle massage; Body Cryotherapy®; Iyashi Dome®

FROM:

€499 PER DAY AND PER PERSON WITH PERSONALISED
HALF BOARD* (POSSIBILITY FOR FULL BOARD)

€386 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD

*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.

Wellness for Women

From 3 days & 3 nights

Take some time for yourself, let go and enjoy yourself.

- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Wellness care treatment by an expert each day: Head Spa Massage; Wellness massage; Célestins facial purity
- 1 Bol d'air Jacquier® session
- 1 Group session in thermal water + free group fitness sessions

FROM:

€336 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€251 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD

Wellness for Men

From 3 days & 3 nights

Recharge you batteries with facial and body spa care treatments, adapted to your specific needs.

- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Wellness care treatment by an expert each day: Célestins ritual for Men; Body Cryotherapy®; Célestins Muscle Massage;
- 1 Bol d'air Jacquier® session
- 1 Personalised sports coaching session, 1 Group session in thermal water + free group fitness sessions

FROM:

€336 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€251 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD



*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.



Well-Being

From 3 days & 3 nights

Take advantage of the benefits of spa care treatments with Vichy thermal water.

- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day: Hydromassage bath with Vichy thermal water; Phyto-mineral mud wrap; Vichy Thermal Water shower with a 2 hand massage
- 1 Bol d'air Jacquier® session
- 1 Group session in thermal water + free group fitness sessions

FROM:

€251 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€153 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD

Digital Detox® temporary disconnection

From 3 days & 3 nights

Freedom from the constraints of being too connected, take a step back and really relax. A true return to yourself and others.

- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Wellness care treatment by an expert each day: Head Spa Massage; Behavioural therapy coaching & cardiac coherence; Abhyangam massage
- 1 Bol d'air Jacquier® session
- 1 Personalised sports coaching session, 1 Group session in thermal water + free group fitness sessions

FROM:

€349 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€266 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD



*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.

BEAUTY CARE TREATMENT PROGRAMMES

Discover our Beauty Care Treatment programmes from 3 days and 3 nights. The Vichy Célestins Thermal Spa includes two areas entirely dedicated to skin care and beauty. Don't miss the opportunity to test the Institute of Vichy Laboratories exclusive care treatments, as well as the care treatments by the brand SkinCeuticals specialising in anti-ageing.

For all reservations of a Health
- Wellness - Beauty spa care
treatment programme get a

**10%
discount**

on any a la carte
additional
treatments.

*Except for therapeutic
care treatments,
mind & body sessions.*

PROGRAMMES

FROM 3 DAYS



The Célestins Complexion

From 3 days & 3 nights

For a mineralised, fortified and radiant healthy skin.

- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Beauty care treatment by an expert each day: LED & radiofrequency followed by a 30min Minéral 89 care treatment by the Institute of Vichy Laboratories; Endermolift™ LPG® Premium Facial; Skin Diagnosis followed by a 60min 300 Million New Cells care treatment by the Institute of Vichy Laboratories.
- Free group fitness sessions

FROM:

€398 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€320 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD

Anti-ageing

From 3 days & 3 nights

Regenerate the cellular activity of your skin with an immediate firming effect.

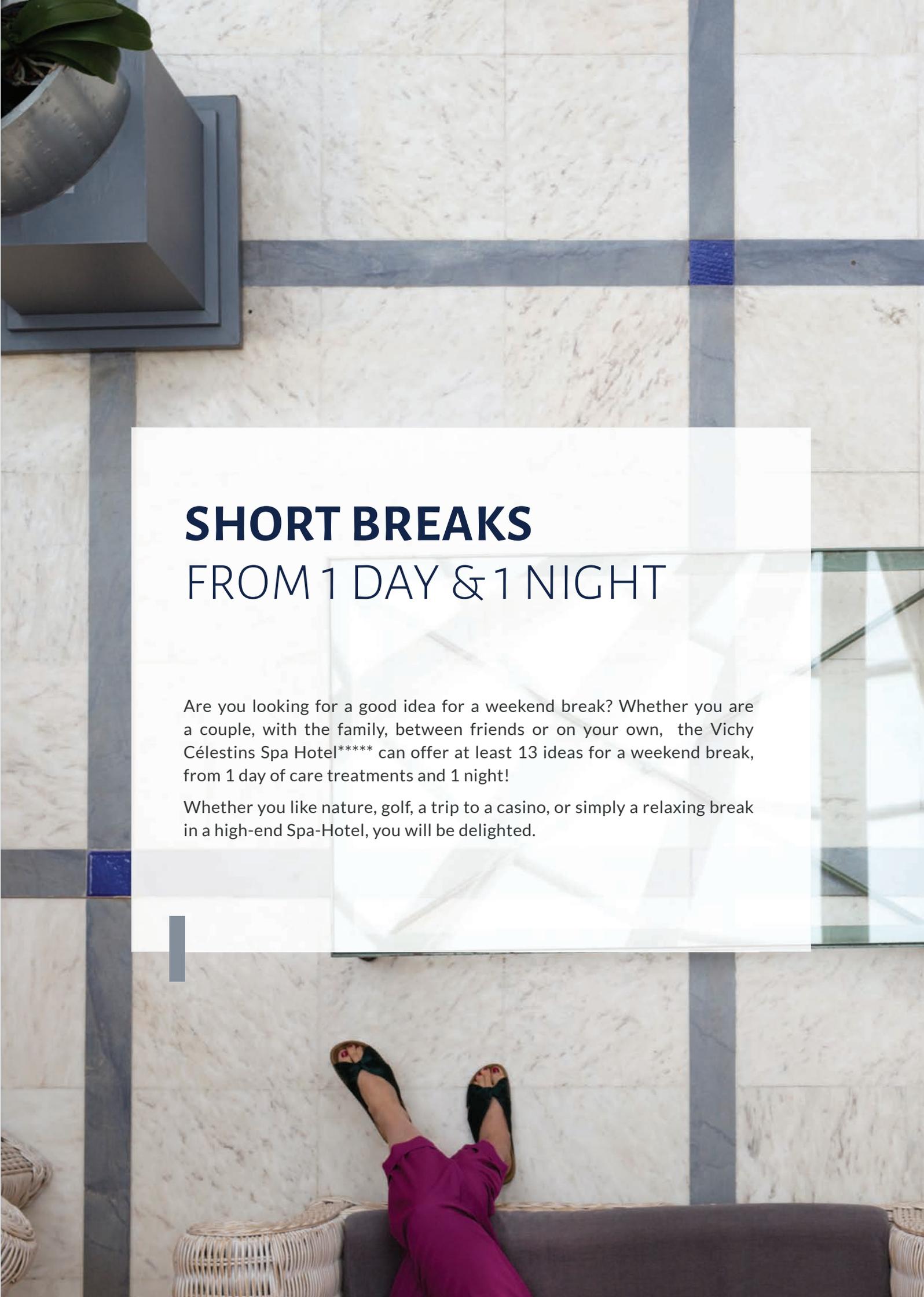
- 1 Trilogy of «Signature» treatments with Vichy thermal water, each day
- 1 Beauty care treatment by an expert each day: LED & radiofrequency followed by a SkinC Flash Détox care treatment; Endermolift™ LPG® Premium Facial; Skin Diagnosis followed by a SkinC Supreme anti-ageing care treatment
- Free group fitness sessions

FROM:

€398 PER DAY AND PER PERSON WITH BREAKFAST*
(POSSIBILITY FOR FULL OR HALF BOARD)

€320 PER DAY AND PER PERSON NOT INCLUDING
ACCOMMODATION AND FOOD

*Rate indicated, per day and per person for a double Deluxe room with a view over the Thermal Spa (occupied by 2 people), excluding current City tax. Please contact us for the single room rate. Meals may be served in buffet form depending on the inspiration of the Chef.



SHORT BREAKS FROM 1 DAY & 1 NIGHT

Are you looking for a good idea for a weekend break? Whether you are a couple, with the family, between friends or on your own, the Vichy Célestins Spa Hotel***** can offer at least 13 ideas for a weekend break, from 1 day of care treatments and 1 night!

Whether you like nature, golf, a trip to a casino, or simply a relaxing break in a high-end Spa-Hotel, you will be delighted.

SHORT BREAKS FROM 1 DAY

A Romantic Break

Fall in love all over again

- Deluxe Room with half board and a 1/2 bottle of Champagne¹ for 2 people, from 1 night.
- 1 x 25min Relaxing back massage in a private cubicle for two.
- Thermal Spa Pass*.

FROM €416 FOR THE COUPLE PER DAY

The Célestins Complexion

For a strong, radiant healthy skin.

- Deluxe Room with half board, from 1 night.
- 1 x 60min Vichy Laboratories Institute Minéral 89 care treatment, including skin diagnosis
- Thermal Spa Pass*.

FROM €264 PER DAY AND PER PERSON



Thermal Signature

Charge your batteries

- Deluxe Room with half board, from 1 night.
- 1 Trilogy of «Signature» treatments with Vichy thermal water: Hydromassage bath; Phyto-mineral mud wrap; Vichy Thermal Water Shower with 2 hand massage
- Thermal Spa Pass*.

FROM €273 PER DAY AND PER PERSON



Zen Célestins

Relax

- Deluxe Room with half board, from 1 night.
- 1 x 25min Zen Célestins 4 hand massage
- Thermal Spa Pass*.

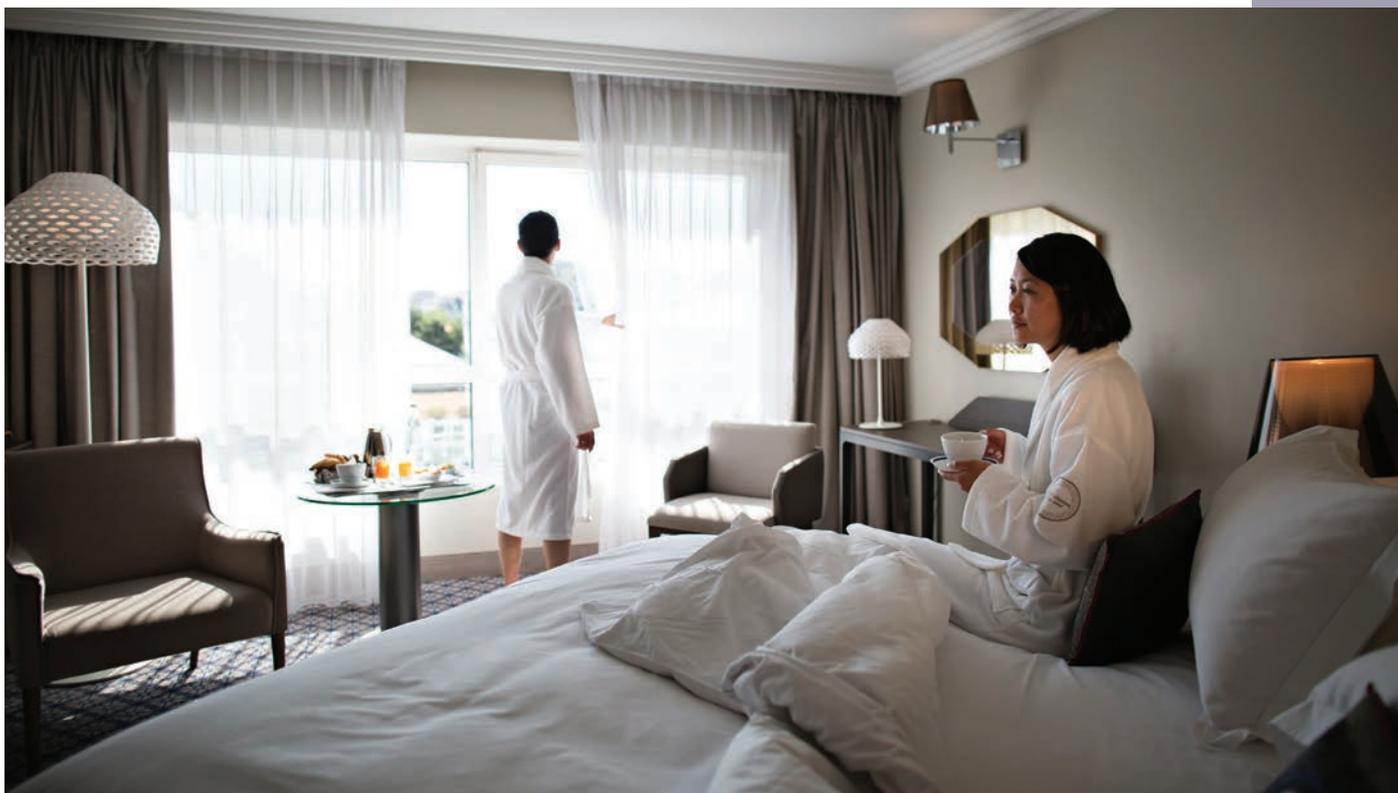
FROM €243 PER DAY AND PER PERSON

Gourmet Break & Spa

Treat your taste buds

- Deluxe Room with half board, including a glass of Champagne, and 2 glasses of wine, from 1 night.
- 1 x 25min Relaxing back massage
- Thermal Spa Pass*.

FROM €219 PER DAY AND PER PERSON



An Anniversary for two

An elegant surprise

- Deluxe Room with half board, and a free welcoming 1/2 bottle of Champagne for 2 people, from 1 night.
- 1 Anniversary cake, per stay, made by our Pastry Chef
- 1 x 50min Wellness body massage in a cubicle for two
- Thermal Spa Pass*.

FROM 504 € FOR THE COUPLE PER DAY

Golf & Spa Break

Get some fresh air and relax

- Deluxe Room with half board, from 1 night.
- 1 Vichy thermal water shower and a 2 hand massage 25min
- 1 Green Fee for the 18 hole course at the Vichy Sporting Club
- 3 Golf balls, scorecard, transport to and from the golf course
- Thermal Spa Pass*.

FROM €248 PER DAY AND PER PERSON

Massage

Let go and enjoy!

- Deluxe Room with half board, from 1 night.
- 1 x 50min Massage of your choice.
- Thermal Spa Pass*.

FROM €243 PER DAY AND PER PERSON

Casino

Get away from it all !

- Deluxe Room with half board, from 1 night.
- Thermal Spa Pass*.
- 1 complimentary glass of Champagne available at the Partouche Casino in Vichy
- €5 of chips or more, free of charge (depending on accommodation).

FROM €200 PER DAY AND PER PERSON

¹All alcoholic drinks mentioned on this double page should be consumed in moderation.

*Meals may be served in buffet form depending on the inspiration of the Chef.

** THERMAL SPA PASS : Page 25.

All Prices include VAT, but do not include the current City Tax, per person based on a double Deluxe Room with a view over the Spa and occupied by two people. A supplement is payable for a single room, or a Deluxe Room with a view over the Park, or for a superior category of accommodation (Page 31).

LIST OF CARE TREATMENTS available on www.vichy-spa-hotel.fr/en



Detox Week-end

Purify your body

- Deluxe Room with full board - "Detox", from 1 night.
- 1 Iyashi Dôme® session.
- 1 Bol d'air Jacquier® Session.
- Thermal Spa Pass*.

FROM €260 PER DAY AND PER PERSON

*Meals may be served in buffet form depending on the inspiration of the Chef.

** THERMAL SPA PASS : Page 25.

All Prices include VAT, but do not include the current City Tax, per person based on a double Deluxe Room with a view over the Spa and occupied by two people.

A supplement is payable for a single room, or a Deluxe Room with a view over the Park, or for a superior category of accommodation (Page 31).

LIST OF CARE TREATMENTS available on www.vichy-spa-hotel.fr/en

The Great Escape

Get away from it all!

- Deluxe Room with half board, from 1 night.
- Thermal Spa Pass*.

FROM €149 PER DAY AND PER PERSON

Anti-Ageing

Anticipating skin ageing

- Deluxe Room with half board, from 1 night.
- 1 x 60min SkinC Expert care treatment, including a skin diagnosis.
- Thermal Spa Pass*.

FROM €264 PER DAY AND PER PERSON



Just Girls

Sharing, having fun and relaxing together

- Deluxe Room with half board, from 1 night.
- 1 x 25min Massage of your choice.
- 1 Célestins complexion booster facial care treatment
- Thermal Spa Pass*.

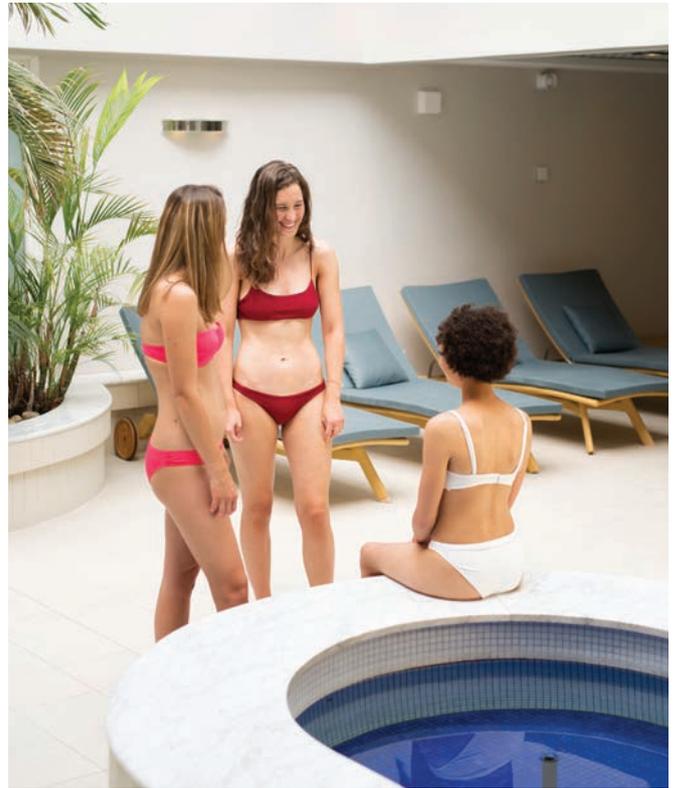
FROM €267 PER DAY AND PER PERSON

TRILOGY OF «SIGNATURE» SPA CARE TREATMENTS WITH VICHY THERMAL WATER & THERMAL SPA PASS

TRILOGY OF «SIGNATURE» SPA CARE TREATMENTS WITH VICHY THERMAL WATER
from €151

Experience the Trilogy of "Signature" Spa Care Treatments with Vichy Thermal Water including:

- A Hydromassage bath with Vichy thermal water, at 35°C, providing optimal relaxation and allowing the skin to absorb the minerals and oligo-elements which are naturally present in the water.
- A Vichy phyto-mineral mud wrap helping to soothe joint pain..
- The Vichy Shower with a 2 hand massage: this remineralising body massage under a Thermal water shower, guarantees perfect, deep relaxation.



THERMAL SPA PASS

FREE OF CHARGE WHEN YOU RESERVE A SPA CARE PROGRAMME, A SHORT BREAK, OR À LA CARTE SPA CARE TREATMENTS

- Relax in a giant hydromassage pool of Vichy thermal water, naturally hot at around 34°C.
- Eucalyptus hammam for purification
- Detox saunas at different temperatures and with different fragrances
- Ice flake fountain to stimulate circulation
- Cold water bath for lighter legs
- Cardio-training area to wake-up your body
- The Organic herbal tea bar

€30 FROM MONDAY TO FRIDAY, €40 SATURDAY, SUNDAY AND BANK HOLIDAYS (any exit of the Vichy Célestins Thermal Spa is permanent).

Bathrobe and towel provided.



VICHY
LABORATOIRES

L'Institut

A SOURCE OF STRENGTH FOR YOUR SKIN

THE POWER OF VICHY MINERALISING WATER FOR A STRONGER SKIN, RADIANT WITH HEALTH

Since their creation in 1931, the Vichy Laboratories have been supporting the health and beauty of your skin. At the heart of their products is Vichy Thermal mineralising water. Born in the volcanoes of France, enriched with 15 essential minerals as it follows the same path as thousands of years ago through an extraordinary variety of different rocks, this unique water strengthens your skin against the daily aggressions, both internal and external, of our environment (UV radiation, pollution, stress, fatigue, nutritional imbalance, hormone variations, ..).

At the Institute of Vichy Laboratories, located not far from its thermal spring, this mineralised water finds its full expression. Incorporated into the very heart of Vichy Products, with active ingredients which are both natural and dermatological, the water is used in spa care treatment protocols developed and validated by experts, to transform, rebalance, fortify and strengthen your skin.

YOUR CUBICLE SPA CARE TREATMENT, METAMORPHOSING YOUR SKIN: WATER, MASSAGE, ACTIVE INGREDIENTS

Each ritual, defined based on your Personalised Skin Diagnosis, takes into consideration your lifestyle, sensations and feelings, and transforms your skin step by step. The effects are visible from the first treatment. Four cubicles, each with a bath and bed, are at your disposal. Feel the mineralising freshness of the fine spray of Vichy Water, the delight and pleasure of textures of perfectly dosed active ingredients. Feel your skin becoming plumped up, your face and body remodelled under the expert hands of your Skincare specialist. A moment of pure bliss which covers the face and body, calmed and soothed by a mineral music.

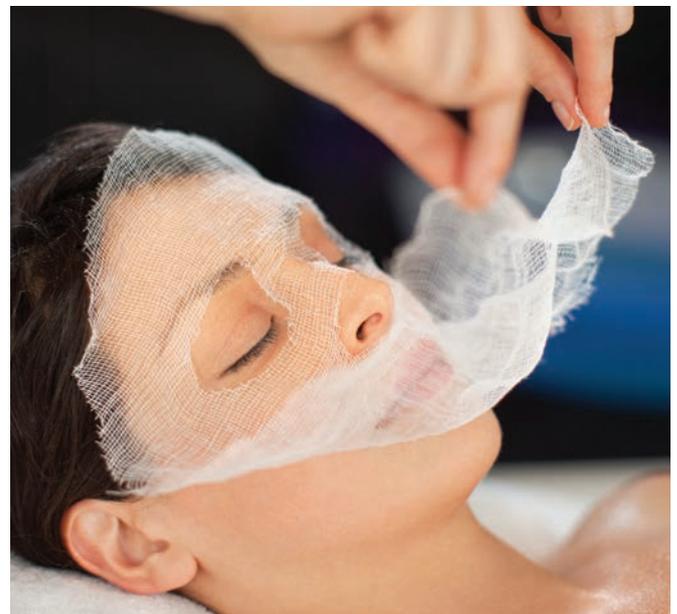
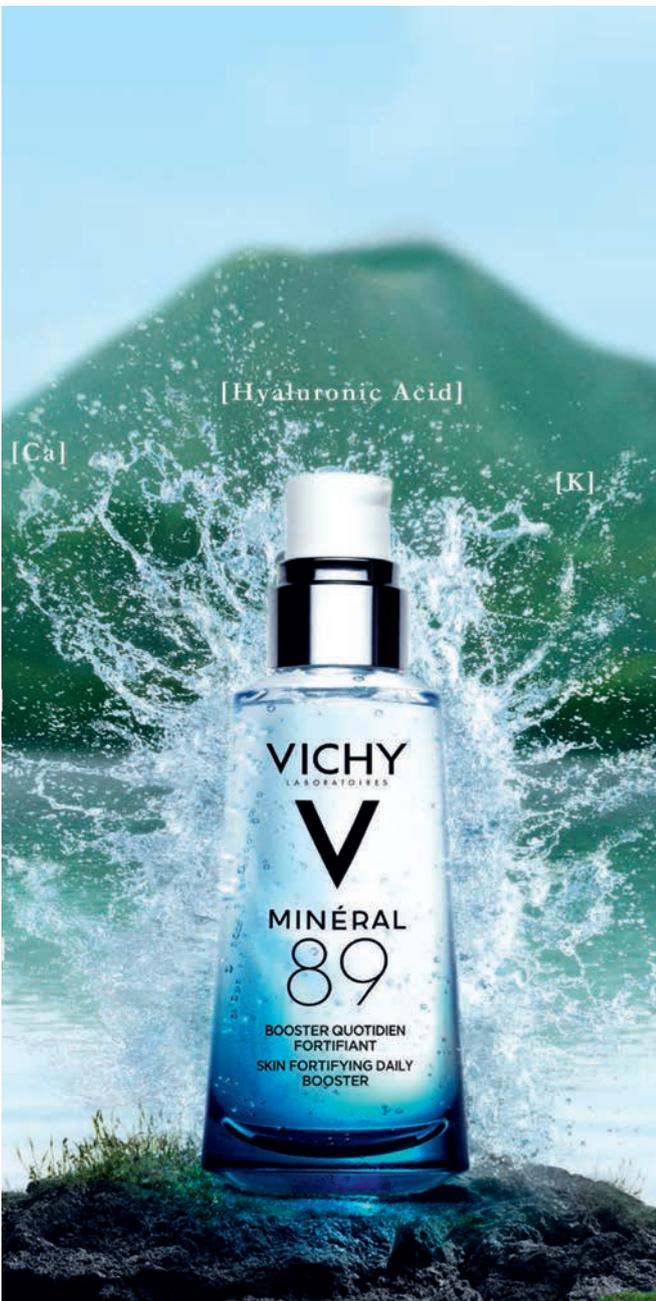


PERSONALISED ADVICE AND SUPPORT FOR A SKIN SUSTAINABLY MORE BEAUTIFUL AND STRONG

To prolong the benefits of your care treatment, your Vichy Skincare specialist will provide you with your Personalised Programme of Vichy Care Treatments with your ritual of products, self-massage movements, and advice for a healthy skin. Our textures bar is also available to you to experience the physical sensations of the textures of our care treatments and discover the natural active ingredients which inspire each range of our care treatments. Everything is done to continue to support you, even after your stay has ended. To remind you each day of your feelings and sensations, to strengthen your skin. Men also have a programme specially designed for them! Let us guide you. We will support you and give you advice.

We want you to fully enjoy and appreciate this renewal.

The full range of Vichy Laboratories products are on sale at the Institute.





THE WORLD'S NO 1 PROFESSIONAL MEDICAL AESTHETICS BRAND, MADE IN THE USA

The SkinCeuticals range of products is used and prescribed by more than 8,500 doctors, dermatologists, and cosmetic surgeons.

The formulas used in the SkinCeuticals skincare protocols are based on decades of advanced research. They use a high concentration of pure active ingredients (vitamin C, hyaluronic acid, glycolic acid...) along with textures with high dermal absorption, to provide the most demanding women, and men, with highly efficient anti-ageing products.

SkinCeuticals proposes a personalised expert skin diagnosis using a dermatology tool, the SkinScope LED. After analysing your skin profile, we can then advise on the best products to help achieve your skincare goals.

THE SKINCEUTICALS PHILOSOPHY IS BASED ON 3 PRINCIPLES:

PREVENTING the visible signs of premature ageing by using antioxidants, and neutralising the free radicals which cause oxidation, leading to skin damage.

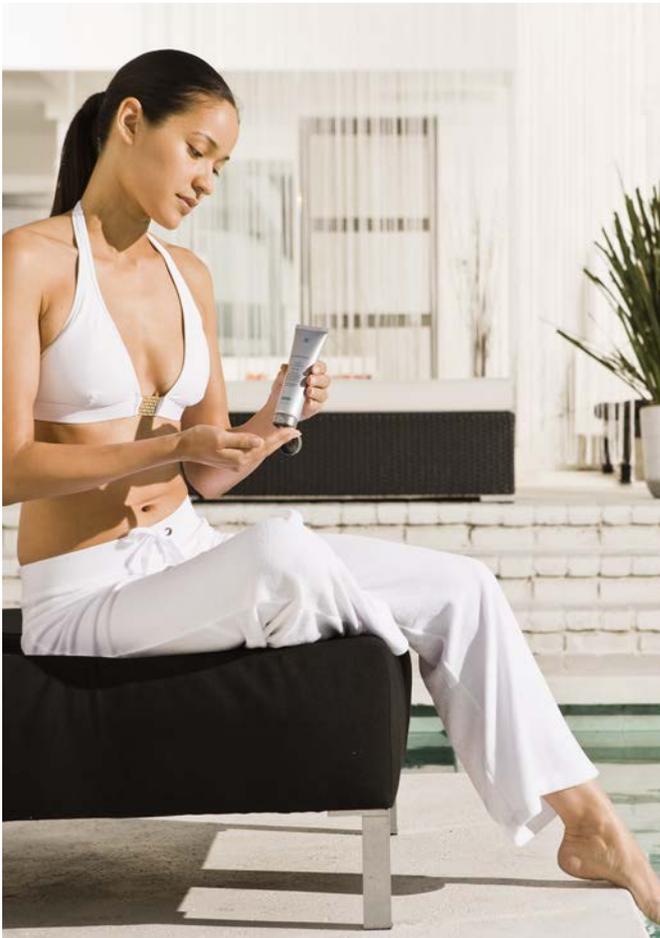
CORRECTING the visible signs of ageing and restoring a more youthful appearance with a glowing complexion, by using highly concentrated, pure active ingredients.

PROTECTING healthy skin against the harmful effects of UV radiation by using solar filters on a daily basis.

Each skincare treatment uses specific anti-ageing modelling techniques and formulas, adapted to all skin types.

You will find the range of SkinCeuticals products on sale in our beauty area.

Consult our list of skincare treatments & our website for further information



*Source: Euromonitor International Limited ; Medical Aesthetic Skin Care : includes Skin Care products sold through medical dispensing channels, such as dermatologists and plastic surgeons, and which may additionally be sold through medical spas and online channels; rankings at global brand name level at MSP ; sold in calendar year 2017 ; brands included ONLY if founded in the United States of America ; based upon research conducted in February and March 2018.

D — L A B

NUTRICOSMETICS

NUTRITION AT THE HEART OF PREVENTIVE HEALTHCARE

THE GUARANTEE OF EXTREMELY PERSONALISED CARE TREATMENTS

Based on the fact that each individual has unique needs, micronutrition helps to identify any excess or deficiency in terms of micronutrients which are necessary for the equilibrium and proper functioning of the body. OLIGOSCAN technology provides a precise diagnosis of these needs, and the D-LAB MICRONUTRITION range of products was developed to respond to such needs in a very precise way.

OLIGOSCAN : AN INNOVATIVE TECHNOLOGY

The efficiency of this measuring device has been proved scientifically. It can rapidly evaluate levels of minerals, trace elements, oxidative stress and heavy metals and establish a supplementation to serenely preserve your health capital, reinforce defences and naturally ensure longevity.

D-LAB : THE SPECIALIST IN MICRONUTRITION

Exclusively made in France, the micronutrition range is made up of 14 ultra-targeted formulas, which activate the major mechanisms of cell protection, repair, and regeneration, by delivering a precise dose of active ingredients of exceptional quality, with the highest rate of bioavailability. Hepatic Detox - Heavy Metal Detox - Joints - Circulation - Probiotics - Omegas - Sleep - Magnesium - Zinc - Selenium - Chromium - Iodine,...

Discover the D-LAB MICRONUTRITION range of products in our boutique.

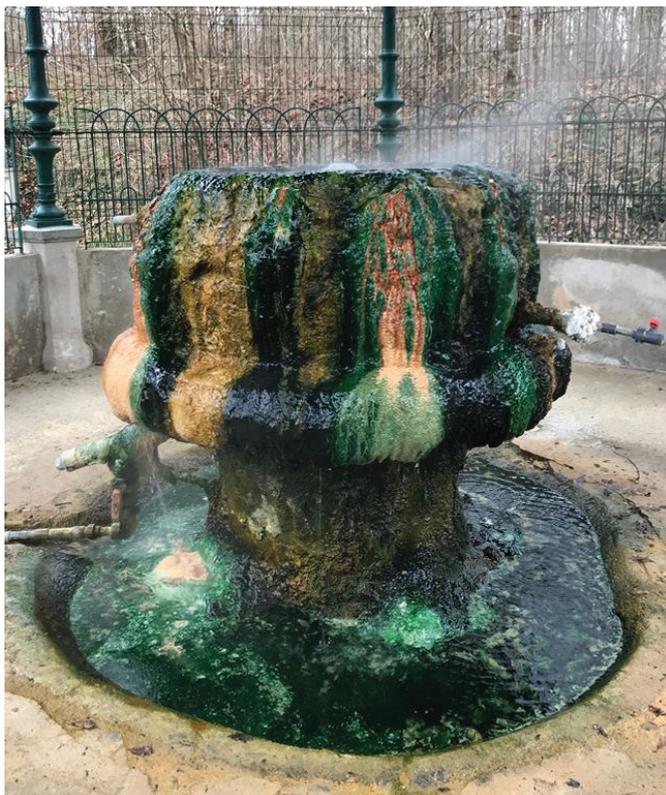


VICHY THERMAL WATERS

SOURCE OF GOOD HEALTH & WELLBEING Through over 2,000 years of thermalism

The Gallo-Romans were the first to discover the therapeutic virtues of the Vichy thermal springs surging out of the earth at the ideal temperature of 40°C, pushed naturally by the build-up of natural carbon dioxide gas. It was in 1676, that Madame de Sévigné famously wrote about the benefits of Vichy Thermal Spa water, and drew the attention of the French Court. The Vichy spa water cured her rheumatism « The waters here are certainly miraculous » and they even provided her with beauty care « The water makes my skin soft and matt ».

In the 19th century, the Vichy thermal spa resort took on an international dimension with the influence of the French Emperor, Napoleon III. He gave the management to a unique actor, the Compagnie de Vichy, founded in 1862. Thermal spa centers, opera house, golf course, parks and a casino were soon created in the town. The reputation of the Vichy thermal spa resort has earned it the title of « the Queen of Spa Towns ».



Origins of Vichy's mineral and thermal waters, calming and mineralising

Rainwater seeps slowly through the microscopic cracks in the volcanoes of the Auvergne. At a depth of 4,000 metres it comes in contact with the magma and starts its journey through a unique variety of volcanic rocks. The water is heated, and becomes charged with carbon dioxide, minerals and trace elements:

- HCO_3^- Hydrogenocarbonates (*maintaining acid-base regulation*)
- K_2S Sulphur (*detoxifying*)
- F Fluor & Mn Manganese (*antioxydants*)
- Li Lithium & Sr Strontium (*anti-inflammatory*)
- B Boron (*healing*)
- Ca Calcium (*protecting*)
- Fe Iron (*helps transport oxygen to cells in the body*)
- Cu Silicium (*regeneration*)
- K Potassium (*hydrating*)
- ...

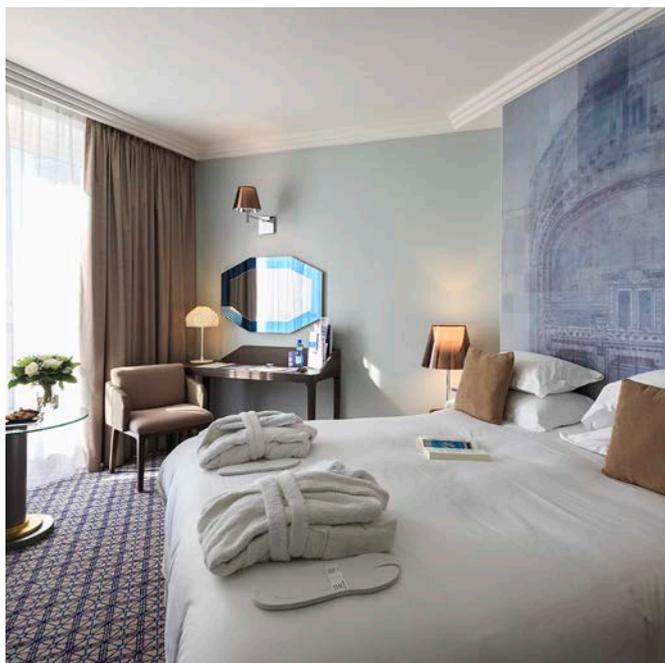
Naturally propelled to the Earth's surface, nine hot water springs discharge their water in the Vichy area.



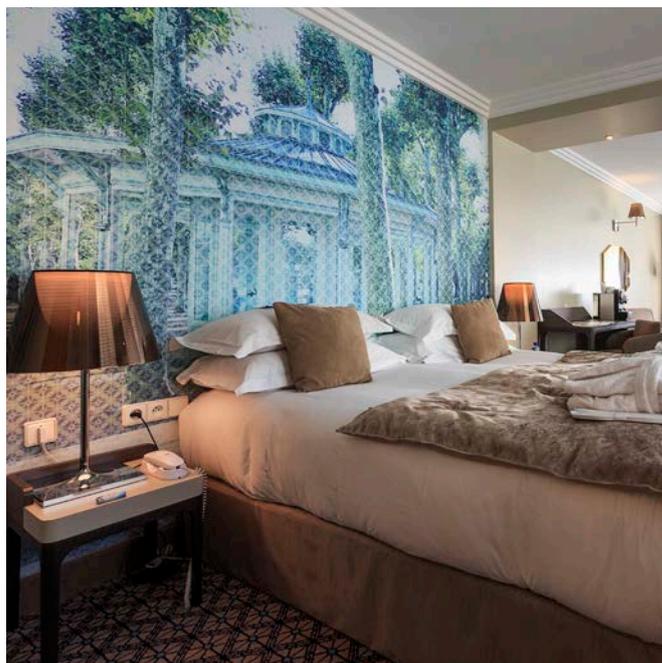
DELUXE ROOMS & SUITES

AT THE VICHY CÉLESTINS SPA HÔTEL*****

Inspired by the history of Vichy's Thermal Domain, the decoration purposely keeps a refined atmosphere to support your wellness and serenity. Without losing its elegance, the non-ostentatious luxury is incontestably modern but discreet. The beds are comfortable and large, in an authentic and serene ambiance. Everything is organised so that your moments of rest and relaxation take place in optimal conditions.



DELUXE ROOM WITH PARK OR THERMAL SPA VIEW - 35 M²



JUNIOR SUITE WITH PARK VIEW - 55 M²



SUITE WITH PARK VIEW - 66 M²



PRESIDENTIAL SUITE - 120 M²

THE N3 RESTAURANT & BLUE NOTE BAR

The restaurant & bar at the Vichy Célestins Spa ***** Hotel



THE N3 RESTAURANT

Directed by the Chef Christophe Vauthier, working closely with our nutritionists, the healthy cuisine they have created plays with authentic flavours and savours, is appetising, light and balanced, and also revisits regional dishes. The N3 Restaurant has a terrace looking out over the park, so that you can vary the pleasure!

Secrets of the cuisine? Controlling the seasoning, and using low temperature cooking, the recipes of Chef Christophe Vauthier and the Pastry Chef Sebastien Bonnamour use Vichy Célestins mineral water, which is naturally rich in minerals and bicarbonates, for cooking and preparing the desserts.

THE BLUE NOTE BAR

Make a Rendezvous with comfort, relaxation and wellness in the lounge area of the Vichy Bar, The Blue Note, or when the weather is fine, on the terrace facing the park. Discover our Drinks Menu, Ice Creams and Sorbets, made with the special ingredient, Vichy Célestins Mineral Water. Or have a snack at lunchtime, with a Celest slate, or plate, all concocted by our Chef Christophe Vauthier and our Pastry Chef Sebastien Bonnamour.



THE BOUTIQUE & THE HAIRDRESSING SALON

THE BOUTIQUE

Maison
LES CÉLESTINS

The Boutique is open from Tuesday to Saturday, from 3pm to 7pm and is on the ground floor of the Vichy Célestins Thermal Spa.

Discover a large range of bathrobes and swimming costumes for Men and Women, in all sizes: Maryan Mehlhorn®, Watercult®, Lidea®, Foglers®, Charmline® Selmark®, Dolly & Jane®...

The exclusive « Maison Les Célestins » wellness range; effervescent bath pebbles with Vichy mineral salts, Célestins shampoos and shower gels.

Vichy mineral salts. Regional ORGANIC herbal teas and tisanes. Vichy pastilles. Souvenirs and ideas for wellness gifts: ambiance candles and perfumes, special edition glass bottles, glasses to take the spa waters with a Vichy screen printed design, in a special "curist" carrying basket, sandals, toiletry accessories...

**10%
discount**

privilege discount
during your stay
on certain items, subject
to the offers indicated
in the boutique

THE HAIRDRESSING SALON

RÉJANE DIOLI

Open without interruption from Tuesday to Saturday from 9am to 6pm, the Hairdressing Salon is located on the ground floor of the Vichy Célestins Thermal Spa.

At the « Hair Spa », benefit from high quality capillary cosmetics :

- visual examination followed by a diagnosis of your scalp and hair
- a major personalised capillary care treatment
- a long rinse followed by scalp stimulation
- a cut which responds to your expectations, followed by drying

Major capillary care treatment: 1h30

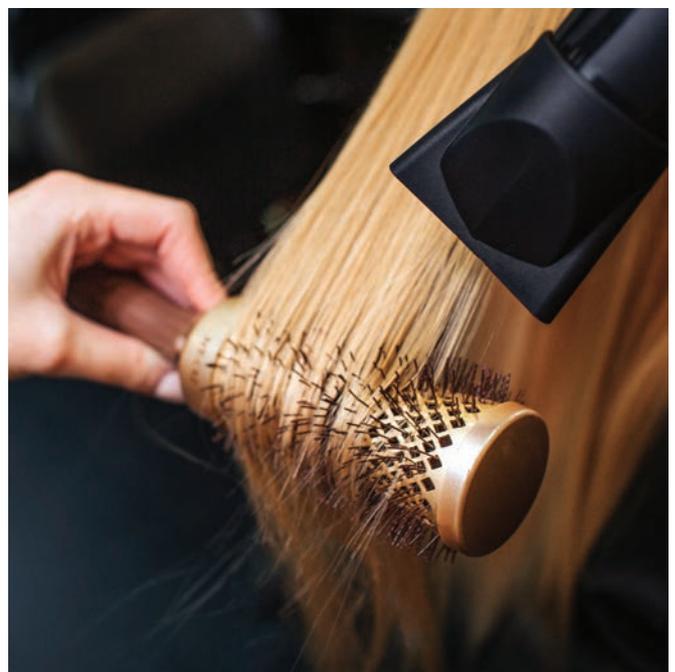
Low-maintenance care: 40 min

As well as à la carte cuts and colours.

Make a reservation now:

Tél. : +33 (0)4.70.97.01.01

For more information : Facebook/RejaneDioliCoiffure



USEFUL INFORMATION

VICHY CÉLESTINS THERMAL SPA

General sales terms and conditions :

www.vichy-spa-hotel.fr/en/general-conditions-sale

What to pack :

Bathrobes, towels and a pair of disposable thong sandals are provided. Remember to bring a swimming costume and a complete sports outfit for the indoor sports areas.

Accès for disabled people

Please contact our team for advice on the most suitable and adapted spa care treatments.

Doctor's certificate

Upon arrival, we will ask you to complete a medical certificate of non-contraindication for all the care treatments and activities provided in the Vichy Célestins Thermal Spa. If, however, a contraindication exists, a Medical Certificate will be required. Such certificate will not be necessary if you have booked a consultation with our Thermal Spa Doctor.

Access to the Vichy Célestins Thermal Spa :

For the well-being of everybody, please put your mobile phone into silent mode. Please come wearing your swimsuit with bath robe, non-slip sandals or thongs, and full sports kit (outdoor clothing is not allowed). Please shower before entering the spa care treatment or relaxation areas. Out of respect for the modesty and privacy of others, nudity is not allowed in the Spa perimeter, particularly in the Turkish baths/hammam and saunas. Disposable underwear will be provided before each spa care treatment. Wearing a bathrobe is mandatory in the communal areas.

Access to the Vichy Célestins Thermal Spa is authorised only for people over the age of 16.

For people under 16 to benefit from a spa care treatment, a parental consent form will be required.

Treatment times and reservations :

The time indicated is the actual time of the treatment. No compensation is given for late arrival for treatments. You are requested to arrive 15 minutes before the scheduled time of your treatment. In order to have the best choice of spa care treatments and treatment times, we recommend that you make your Reservations in advance. We will ask you for a Reservation Deposit in an amount of 25% of the total amount of your Reservation. Your Reservation is considered as a contractual obligation. Treatments cancelled with less than 24 hours' notice are payable in full.

Availability of your room or suite :

Your Deluxe Room or Suite is available from 3pm on the day you arrive. It must be vacated by 12 noon on the day you leave. You may be able to arrange an early arrival or late departure, subject to availability, and for an extra charge.

City tax :

Our prices include VAT but do not include the current City Tax as applicable in Vichy for our 5 Star Hotel.

Animals :

Pets are welcome in the main parts of the hotel and in rooms, but, for hygiene reasons, are not allowed in the Vichy Thermal Spa, nor our restaurant or bar. If you wish to bring a pet, for which a supplement is payable, please make your request at the time of your reservation.

Car parking :

A sheltered car park is located opposite the hotel with a valet and luggage service, for which a supplement is payable. A Partner of the Tesla Recharge Destination network.

Internet access :

Free WiFi within the Hotel complex.

HOW TO MAKE A RESERVATION

The Vichy Célestins Thermal Spa is open from 1 January to Sunday 23 February, and from 7 March to 31 December 2020

 To book your stay contact our reservation department on
+33 (0)4 70 30 82 82

You can also

 Consult our website
www.vichy-spa-hotel.fr/en
and make your reservation online.

Send us an e-mail to the following address:
reservationthermalspa@compagniedevichy.com

 Write a letter to us at :
111 bd des États-Unis
03200 VICHY - FRANCE

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Live the Vichy Thermal Experience to the full

How to get to Vichy

Bagnoles-de-l'Orne

• Paris

Vichy

Châtel-Guyon
Clermont-Ferrand

Geneva

Lyon

• Bordeaux

Montpellier

By road

- from Paris: 4h
- from Lyon: 2h 10min
- from Clermont-Ferrand: 45min
- from Geneva: 3h 30min
- from Montpellier: 3h 45min
- from Bordeaux: 4h

By train :

- from Paris: 3h
- from Lyon: 2h
- from Clermont-Ferrand: 30 min
- from Geneva: 4h

VICHY CÉLESTINS *Spa Hôtel*

VICHY-FRANCE

RESERVATIONS :
+33 (0)4 70 30 82 82

111 bd des États-Unis
03200 VICHY
FRANCE

reservationthermalspa@compagniedevichy.com
www.vichy-spa-hotel.fr/en

OUR 4 DESTINATIONS IN FRANCE & INTERNATIONAL

VICHY CÉLESTINS
Spa Hôtel

VICHY - FRANCE
BOUZNIKA - CASABLANCA - MOROCCO
SALWA - QATAR

VICHY THERMALIA
Spa Hôtel

MOULAY YACOUB-FÈS - MAROCCO
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